



SREE NARAYANA MANDIRA SAMITI'S  
**SREE NARAYANA GURU CENTRAL SCHOOL (C.B.S.E.) 2026-2027**  
C.B.S.E. Affiliation No.: 1131429  
P. L. LOKHANDE MARG, CHEMBUR (WEST), MUMBAI - 400089

SNGCS/CIRC/26-27/70

Monday, 15<sup>th</sup> June, 2026

**Subject: International Yoga Day Celebration**

Dear Parents,

Greetings from S.N.G.C.S.!

The school is pleased to inform you **that International Yoga Day will be celebrated on 20th June, 2026 for students of Grades I to VIII.**

Details of the Programme:

Day & Date	Saturday, 20 <sup>th</sup> June 2026
Venue	Stilt Area
Time	During School Hours
Participants	Students of Grade I to VIII

Students are requested to bring their **Yoga Mat** for the session and participate actively in the programme.

Yoga promotes physical fitness, mental well-being, concentration, and a healthy lifestyle.

We encourage all students to take part enthusiastically and make the event a meaningful experience.

Warm regards,  
Deepa Jayaroy  
Principal  
SNGCS

**“A step away from sugar, a step toward health.”**